PESTSURE SAFETY & LOSS PREVENTION MEETING · 2026

Cyber Attack - How Scammers Got Us!

Your cyber hygiene checklist · Scott Moberly, Ventura Pest Control

IF YOU REMEMBER ONE THING: Slow down. Verify. Call.

SIX THINGS TO DO THIS MONTH

1. **Pick up the phone**
   Verify any change to payment or bank details by calling a number you already have — never one in the email.
2. **Lock your phone number**
   Turn on SIM / eSIM protection and add a carrier PIN. At Verizon, eSIMs aren't protected automatically.
3. **Get MFA off text messages**
   Use an authenticator app or passkeys, especially for email and banking.
4. **Guard the master keys**
   One Super Admin, or your IT provider. Never your everyday email.
5. **Put AI on your side**
   Endpoint protection on every device; bank alerts, Positive Pay and dual approval on wires.
6. **Keep your cyber policy**
   And know exactly who to call on day one.

THE CHECKLIST · TICK THEM OFF

Passwords & logins

- [ ] Unique passwords, 10+ characters — longer is better
- [ ] Change passwords regularly — at least once a year
- [ ] One password manager, used every time
- [ ] Passkeys (face or fingerprint) wherever offered
- [ ] Log out of sessions; clear cookies regularly
- [ ] Never keep passwords in documents or email

Email

- [ ] Check sign-in activity and “other locations”
- [ ] Review filters, blocked addresses and forwarding
- [ ] Turn off POP/IMAP if you don't use it
- [ ] Treat “undisclosed recipients” + BCC as a warning
- [ ] No real document needs your email password

Money

- [ ] Positive Pay on business accounts
- [ ] Dual approval + call-back on wires and ACH
- [ ] Ask your bank to limit online line-of-credit transfers
- [ ] Turn on every fraud alert your bank offers
- [ ] Freeze your personal credit at all three bureaus

People & partners

- [ ] Let your IT team help — say yes to protections
- [ ] Security training several times a year
- [ ] Tell vendors you'll never change bank details by email
- [ ] Hit? Call your cyber insurance rep first
- [ ] Know your cyber policy — and your rep's number

The number one rule: your bank will never contact you to ask for a PIN, password or security code.