

This Week's Learning Objective:

Avoiding Trip Hazards

Materials Needed for this Session:

A copy of "Discussion – Avoiding Trip Hazards" document; enough for each attendee.

Leader Notes / Training Outline

1. **Discuss** specific job situations or accounts that have trip hazards.
2. **Review** the discussion document and add any trip hazards the group shares.
3. **Ask the group** why they think trip and falls plague our industry specifically and discuss prevention.
 - Open the discussion to the attendees. See Leader Tips below.

- _____
- _____
- _____



Leader Tips:

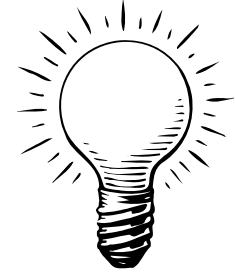
Announce the learning objective: Our objective today is _____

Explain to the group why this topic is being reviewed:

- Prevent you from being injured
- Prevent injury to others
- .

Ask the **group to discuss** the subject matter and give input by drawing from their work experiences:

- Attendee to relate a personal story involving this objective
- Attendee to share something learned on the job involving this objective
- .
- .



Discussion: Avoiding Trip Hazards

Eliminate Trip Hazards

Many fall injuries occur on level ground when people **trip over unexpected objects in their path**. Help eliminate trip hazards by training employees to follow these do's and don'ts.

Do:

- Keep work areas neat and tidy, putting tools, materials, and other items away after use.
- Pick up items off the floor, even if they didn't put them there.
- Step over or around obstructions, not on them.
- Walk slowly and change directions slowly, especially when carrying a load.
- Watch for changes in floor level—such as a few steps or a ramp up or down.
- Report lighting problems, such as burned-out bulbs, to maintenance right away.
- Use a flashlight if they need more light leaving the facility in the dark.

Don't:

- Don't leave boxes, bags, tools, or other materials on the floor.
 - Don't block walkways with hand trucks, equipment, or materials.
 - Don't leave cords or cables in walkways.
 - Don't place anything on stairs.
 - Don't leave drawers open.
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- - Why are trip hazards PARTICULARLY prevalent in our service work?
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