



# Safety Tips

A five-minute training series for PCOs.



## Road Rage



We have all fallen victim to some form of road rage in the past. Road rage can take many forms, from a simple hand gesture to outright assault. Often, you may not even know what you did to provoke the anger or you may not have done anything.

In today's world, and with the power of a vehicle, these types of incidents can result in serious injury or death.

Here are some tips to avoid becoming a victim of road rage:

- Maintain your cool. Do not display road rage yourself.
- Do not let traffic or other's actions anger you.
- Do not respond to angry gestures or actions.
- Do not make eye contact with someone who is displaying anger.
- Back off and let the other person have the right of way.
- Remember that your company name is on the side of your vehicle and your actions represent that of your employer.
- If an angry person follows you, pull into a public place where others are present.
- Obey the traffic laws.
- Always be courteous to fellow drivers, regardless of their attitude.
- Always follow at least 3 seconds behind the vehicle in front of you.
- Treat others the way you want to be treated regardless of what they do.

**Be safe, courteous and polite to other drivers and pedestrians.**