



# Safety Tips

A five-minute training series for PCOs.

## Slips, Trips and Falls



Slips, trips and falls are the largest contributors of employee accidents to PestSure Association members and as a result account for over 25% of our workers' compensation claims.

The two main causes of these types of accidents are the environment where you are working and the equipment you are wearing.

To prevent slips, trips and falls, you need to focus on where you are going and on what surface you are walking. Quite often, the cause of these types of accidents is not paying attention to where you are going or taking for granted there is no change in the walking surface. Most walking surfaces are safe to walk on, depending on the type of shoes you are wearing. Occasionally, a walking surface may be unsafe for most shoes, including safety shoes so additional precautions must be taken. For example, icy surfaces may require special cleated shoe straps. The important thing is to pay attention to the surface you are about to walk on or on which you are walking. If a surface is unsafe, advise a person responsible for that area so that it can be corrected. Come back to that area, when the problem is corrected, to finish the job. If warning signs are posted, heed the warnings.



The most effective preventative measure is to make sure that your shoes have a proper sole surface to prevent slipping and sliding. The soles should be a non-skid material that has sufficient tread to provide gripping.

All slips, trips and falls need to be reported to your supervisor immediately to remedy the cause. Then determine whether first aid treatment is needed and identify what steps can be taken to prevent future accidents of this nature.